

YARD SALE

The Village of Arlington Heights Friday July 24th - Sunday, July 26th

We are asking for your participation and invite you to join is in the Arlington Heights Community Yard Sale. It's a great way to make money while getting rid of stuff you don't need anymore! The more Yard sales we have the more visitors we will get!

On the day of the sales, set up your own items in your garage, lawn or driveway, we will do everything else such as online advertising, banners, etc. There is no cost to you! Yay! Simple and easy!

Sign up details

Please let us know if you will participating and we will advertise your address on The Village of Arlington Heights Website, Facebook page, Craigslist, Nextdoor and other media outlets.

Just let us know what days you will be having your sale, your times and your address. You may also list a few items or write a little info about your sale. Just give us a call at City Hall at 513-821-8076 or email at Scrase@ahohio.

Yard Sale Tips

- Place Large items in front for a good impression
- Price items to sell and tag everything
- Keep the area organized & place like items together
- Make sure you have change for large bills
- Provide bags or boxes
- Have plenty of water
- Wear mask, social distance and wash your hands frequently. Have a dedicated spot to "collect" money and a line where people should stand behind to pay for items



Mark your Calendar! Next Board meeting is Monday, July 27th,

CONGRATULATIONS

Home Beautification Award Winners for Spring/Summer 2020

616 Elliot Ave

627 Elliot Ave

612 Elliot Ave

610 Arlington Ave 733 Arlington Ave 671 Carthage Ave 322 Clark St. 350 Elliot Ave 352 Elliot Ave



- 401-43 Elliot Ave--(Galbraith648 Elliot AveBusiness Center Complex)723 Elliot Ave435 Elliot Ave741 Elliot Ave517 Elliot Ave509 Glenrose Ave618 Elliot Ave513 Glenrose Ave
 - 521 Glenrose Ave



PLEASE NOTE

Due to the growing numbers of the Covid 19 E cases, The Village of Arlington Heights has cancelled all events for the remainder of the year with the exception of the Community Yard Sale. Thank you.



PLAYGROUNDS AND PARKS ARE NOW RE-OPEN in The Village of Arlington Heights!

Staying physically active is one of the best ways to keep your **mind**, **body**, **heart** and **soul** healthy.

As of June 10th our playgrounds and parks are now re-open. Please maintain social distancing, wear masks and wash hands frequently.

If you are sick, please stay home!

We will be sanitizing playground equipment several times per week so get out and enjoy the great outdoors!

SOME AMERICANS ARE TURNING OVER A NEW LEAF WHILE IN QUARANTINE BY GROWING THEIR OWN FOOD AT HOME. Here are a few tips for growing the perfect vegetable garden



"To plant a garden is to believe in tomorrow" -Audrey Hepburn

- * Location is Key Most vegetable plants do best in full sun. Find a location that gets at least six hours of it each day if possible.
- * Its all about the Soil—The best soil suitable for vegetables includes lots of compost and organic matter such as compost or shredded bark.
- Water Wisely—Be smart about watering in the summer heat, two times a week is fine Don't water at night, as tempting as it may be. Do your heaviest watering in the morning.
- Add Mulch Add a 3 inch layer mulch to retain moisture—it will suppress weeds and act as a barrier from diseases splashing up on your plants from the soil. You can also used dried grass clippings.
- Pest Control—Keep bugs away by identifying the insect or infestation and then apply proper products. Only apply pesticides in the evenings, never in the morning when pollinators are more active.
- Don't over fertilize—Excessive fertilizer can also be harmful to your plants and the soil.

Prune your plants, trim off dead leaves, and keep weeds pulled and you will enjoy a fruitful season that tastes better than

anything you can buy in a store!

How to stay cool in hot weather

- Drink lots and lots of water
- Avoid the sun between 11am-2pm
- Dress appropriately
- Refrigerate or freeze your sheets
- Eat a popsicle
- Drink a smoothie

Pineapple Coconut Colada INGREDIENTS



 Cup of Almond Breeze Milk—Can use Coconut milk or soy milk or regular milk
banana fresh or frozen
cups pineapple –fresh frozen or canned
1/4 Cup of coconut flakes

DIRECTIONS

Place all in blender with some ice and enjoy—garnish with pineapple if desired—Enjoy



Do you have a good recipe? We would love to post it in our Fall Newsletter!

Cucumber. Onion and Tomato Salad—a great Summer Dish straight from the garden

3 Tomatoes, 3 cucumbers, 1 onion, 1/2 cup apple cider vinegar, 1 teaspoon of cracked pepper, 2 Table spoons of sugar (TOTALLY YOUR CHOICE..., 2 teaspoons of salt, 1 cup of water, 1/4 cup of olive oil, mix well...that's it. Let it chill for 1-2 hours... That simple...

New Parking Ordinance in the Village of Arlington Heights

No person shall stand or park a vehicle, except when necessary to avoid conflict with other traffic or to comply with the provisions of this title, or while obeying the directions of a police officer or a trafficcontrol device, in any of the following places:

(1) On a sidewalk, except as provided in division (B) of this section;

(2) In front of a public or private driveway;

(3) Within an intersection;

(4) Within ten feet of a fire hydrant;

(5) On a crosswalk;

(6) Within 20 feet of a crosswalk at an intersection;

(7) Within 30 feet of, and upon the approach to, any flashing beacon, stop sign, or traffic-control device;

(8) Between a safety zone and the adjacent curb or within 30 feet of points on the curb immediately opposite the ends of a safety zone, unless a different length is indicated by a traffic-control device;

(9) Within 50 feet of the nearest rail of a railroad crossing;

(10) Within 20 feet of a driveway entrance to any fire station and, on the side of the street opposite the entrance to any fire station, within 75 feet of the entrance when it is properly posted with signs;

(11) Alongside or opposite any street excavation or obstruction when such standing or parking would obstruct traffic;

(12) Alongside any vehicle stopped or parked at the edge or curb of a street;

(13) Upon any bridge or elevated structure upon a highway, or within a highway tunnel;

(14) At any place where signs prohibit stopping;

(15) Within one foot of another parked vehicle;

(16) On the roadway portion of a freeway, expressway, or thruway;

(17) Within any public right-of-way, or on publicly-owned property, where the vehicle is not parked or stopped wholly upon a paved street surface.

We have 1 lucky winner from our last Brain Teaser (Spring 2020 issue) who will be entered into our drawing for a gift card that will be drawn and named in the fall edition. So clear your mind, solve this SODOKU puzzle and submit it by mail or drop off at City Hall and you will be entered into the drawing! Good Luck! This one is really a brain tease!

1		6	9 2
	7	5	
		1	6
		8 4	7
7	8		4 5
6		37	
	3	6	
		2	5
7	2		1

JUST FOR FUN.....

What are the next three letters in this combination?

0 T T F F S S



ATTENTION ALL PET OWNERS.....



Please clean up after your own pet. Thank you!